

The Navigator

South Shore Support Services ~ Family Support Center

Fall Newsletter

We have had quite the busy summer and have enjoyed getting everyone out and playing in the beautiful weather! We hope to see you all soon!

South Shore Support Services hosted their end of summer dance on August 12, 2011 at The First Church in Weymouth. We had a great response. We saw new faces as well as our regular crowd. We want to thank Toussaint & Marilyn for doing another great job spinning their records. Come and see Toussaint and Marilyn do their magic - because unlike any other DJ's, they sing and dance. We are so thankful for a pastor and his great staff that are so very helpful to us. Thank you Rev. Gary Blume - long-time friend and supporter of SSSS.

South Shore Support Services hosted its mini-golf club at Starland in Hanover August 18 through September 1. Our adult consumers enjoyed beautiful summer nights playing golf and an ice cream at one of the local ice cream shops. Thank you Starland for your support of our activities.

Social & Recreational Activities

Halloween Dance

Halloween Costume optional

Mark Your Calendar!

Ages 16 +

Friday, October 14, 2010

Time: 7:00 - 9:00 pm

Place: First Church in Weymouth - 17 Church Street

Fee: \$13.00 in advance or \$16.00 at the door. Snacks & refreshments served.

Adult Social Club

For adults with disabilities 22 years old and older. The group will run on the 3rd Thursday of each month from 6:30 to 9:00pm at South Shore Support Services - Family Support Center. **Next date is 10/20/11.** The fee is \$20.00 per session. Preregistration is required.

Email or call for the registration form or for more details.

Please call or email Renee McCorkle by 10/12/11 to register, 781-331-7878 ext. 19, rmccorkle@southshoresupportservices.org

Fall Festival

October 22, 2011

Time: 10am - 2pm

Place: Family Support Center parking lot - 317 Libbey Industrial Parkway Suite B300

Come and join us for a day that is lots of fun for the whole family. We will have ponies riding; bounce house, face painting and much more...

Adult Bowling League

Come and join us at the bowling alley!

Whether it is your first time or you are an experienced bowler – everyone can learn and have a great time each week!

Ages: 22 and up

Fridays (with some exceptions due to holidays and other scheduled events)

Time: 7:00–8:30 p.m.

Location: Colonial Bowling, 1055 Main Street, Weymouth, Mass. 02190

Date: Starting Friday, October 28 through May 18

Fee: \$7.00 per week with a one-time cost of \$25.00 for newcomers for a bowling t-shirt

Youth Bowling League

Come and join us at the bowling alley!

Whether it is your first time or you are an experienced bowler – everyone can learn and have a great time each week!

Ages: 6-15

Saturdays (with some exceptions due to holidays and other scheduled events)

Time: 1:00pm–2:30 p.m.

Location: Colonial Bowling, 1055 Main Street, Weymouth, Mass. 02190

Date: Starting Saturday, November 5 through May 19

Fee: \$7.00 per week with a one-time cost of \$25.00 for a bowling t-shirt

Zumba Fitness at Energy Studio

Ditch the workout... Join the PARTY! Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health and now it is coming your way!

4 week Thursdays Zumba Series

Location: 1455 Commercial Street - 7/11 Parking Lot

Weymouth, MA

Time: 4:30pm -5:30pm

Date: 10/20, 10/27, 11/03, 11/10

Fee: \$24.00 Please make checks/money order payable to Energy Studio and return completed form with payment **NO LATER THAN October 13, 2011** to: South Shore Support Service 317 Libbey Industrial Parkway Suite B300 Weymouth, MA 02189

Parent's Night Out

Need a break so you can go shopping or run holiday errands?

We offering recreation based respite for individual with developmental disabilities and their sibling. I great opportunity to go shopping or get through those holiday tasks. We keep them busy with a variety of activities and end the evening with a movie.

Location: Family Support Center - 317 Libbey Industrial Parkway SuiteB300

Date: November 5, 2011 & December 3, 2011

Ages 10 -22 years old

Fee: \$20.00 includes dinner

Time: 5:00pm -8:00pm

Please call or email Renee McCorkle by 10/22/11 to register, 781-331-7878 ext. 19, rmccorkle@southshoresupportservices.org

Theatre Club

South Shore Support Services will be offering monthly theatre trips. The Theatre club is a recreational program for young adults with developmental disabilities, **ages 16 and up**. To enrich their experience the Theatre Club will be seeing musicals at different theatres.

Location: 317 Libbey Industrial Parkway Suite B300 Weymouth, MA 02189 (for drop-off & pick-up)

Show: The Christmas Carol at Company Theatre in Norwell

Date: December 4, 2011

Time: 2:00pm - 6:00pm

Fee: \$45.00

Please call or email Renee McCorkle by 11/22/11 to register, 781-331-7878 ext. 19, rmccorkle@southshoresupportservices.org

Workshops & Trainings

Awareness & Action Training

Physical Abuse Sexual Abuse Neglect Verbal Abuse Financial Abuse

The training is limited to 20 people.

This free training, taught by persons with disabilities and others, is designed to educate persons with disabilities and others about recognizing, reporting and responding to abuse.

Date: October 19, 2011 Time: 6:00pm to 9:00pm

Location: Family Support Center

Pizza & drinks will be served.

Please call or email Renee McCorkle by 10/12/11 to register, 781-331-7878 ext. 19, rmccorkle@southshoresupportservices.org

Let's Get Organized

This free training presented by Miriam Biurci Scrivener from Federation Children with Special Needs is for parents with children in school

Date: Thursday, November 10th

Time: 10am -12pm

Location: Family Support Center

PLEASE RSVP to Renee McCorkle at 781-331-7878 ext. 19 by November 7,

Each family will receive an organizing notebook so your RSVP is important!!

Services

Nancy Salerno, LICSW, is a clinical therapist who has over 11 years experience working in the mental health community. Nancy has specialized in working with clients who have special needs as well as their families. Weekly one-on-one therapeutic sessions will be available to clients or any members of their families who are looking to engage in a therapeutic relationship. Mass Health and other insurances are accepted. Should your insurance not be accepted, payment may be determined on a sliding scale basis based on income and other factors.

Filing for guardianship of a loved one can be a daunting process. There are many different documents and forms that are needed for a guardianship petition to go forward. One document needed for the guardianship petition is the clinical team report. This is a report that requires an evaluation and signature by a medical doctor, a psychologist, and a licensed clinical social worker (LICSW). Many families have worked over the years with both a medical doctor and a psychologist to help provide the best possible resources for a loved one, yet have never encountered a LICSW. This can leave a family scrambling to find an LICSW to fill out and sign a clinical team report within the allowable window of 180 days since the original guardianship filing. If you have questions about therapeutic enrollment, the clinical team report required for guardianship, or are interested in having Nancy complete your clinical team report, please call her or e-mail 781-331-7878 ext 18 or nancysalerno@southshoresupportservices.org. She would be happy to answer any questions that you have on the therapeutic process or any aspect of guardianship proceedings.

Dad's Resource Group

Are you a Dad who would like some resources or perhaps you just want a place to come and share your stories about raising a child with a disability? Dad's Resource Group runs on the 2nd Monday of each month from 6:30pm- 8:30pm at Family Support Center. Next date is **10/10/11**. E-mail or call Patrick for more details: 781-534-2539 or pmccorkle@southshoresupportservices.org

Community Resources

Join **Autism Speaks** as we walk to change the future for all those who struggle with Autism Spectrum Disorders.

Greater Boston Walk

October 2, 2011

Suffolk Downs

111 Waldemar Ave.

East Boston, MA

For more information on how to get involved and to register online please go to walkknowforautismspeaks.org/greaterboston

Safety Net by Lo Jack

Service helps caregivers provide an added layer of protection for loved ones with cognitive conditions such as autism and Alzheimer's from the potentially life-threatening behavior of wandering. Safety Net™ by LoJack® is providing free Safety Net bracelets with six months of service at absolutely no cost.

The 6 months of free service includes:

Free bracelet, batteries and straps

6-month supply) \$0 Enrollment fee

\$0 Shipping and handling \$0 Monthly service fees for 6 months

Total value: \$300 This offer is available for a limited time

(August 15 - September 30, 2011)

or while supplies last. www.safetynetbylojack.com

The enrollment process is fast and easy.

Caregivers may also call 1-877-4-FINDTHEM (1-877-434-6384) to speak directly with a Safety Net Customer Service Representative

Hamilton Adult Day Health Center

465 First Parish Road, Scituate...St Luke's Dutton Hall

DAY OF TRAINING: November 19, 2011. This will be a day training with wide arrange of topic from developmental delay disabilities, universal precautions, and much more. If interested, please call Robin Shewokis at 781-544-0370

PSA HOME HEALTHCARE

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Brockton PDN (Boston) 20 Minuteman Way, Suite 2, Brockton, MA 02301-7507

Phone: (508) 586-9700 | Toll Free: (800) 486-9870

Contact: Dorothy Fletcher, Regional Director, dfletcher@psahealthcare.com

Federation Children with Special Needs

Parent Training and Information 2011 Workshop Schedule

10/19 Braintree, Basic Rights, Thayer Public Library, 789 Washington St, 6:30-8:30pm

11/9 Waltham, Suspensions & Discipline in Special Education, Wayside Youth & Family Support, 118 Central Street, 7-9pm

12/6 Hanover, Transition 101; High School to Adulthood, HHS, 287 Cedar St, 7-9pm

REGISTRATION

You may register for workshops by either calling the Federation at 617-236-7210 or in Massachusetts toll-free at 800-331-0688.

The Family Support Center is open Monday - Thursday from 10am - 2pm and Fridays from 10am - 4pm. Please stop if you need help completing the following applications: Department Developmental Services for children & adults eligibility forms, Mass Health for children & adults, Social Security, Food Stamps, and more. Or simply looking for information about services, activities? Or just want to talk? Come on by and see us - we are here for you.

GOING GREEN...

Please help us be better caretakers of our planet. Send us an E-mail, so we can put you on our list to receive our newsletter, "The Navigator" online.

This will also allow us to send you other important information. E-mail: rmccorkle@southshoresupportservices.org

Family Support Center Address: South Shore Support Services 317 Libbey Industrial Parkway Suite B300 Weymouth, MA 02189